

Reimagining healthcare regulation to enable improvement, learning, and safety

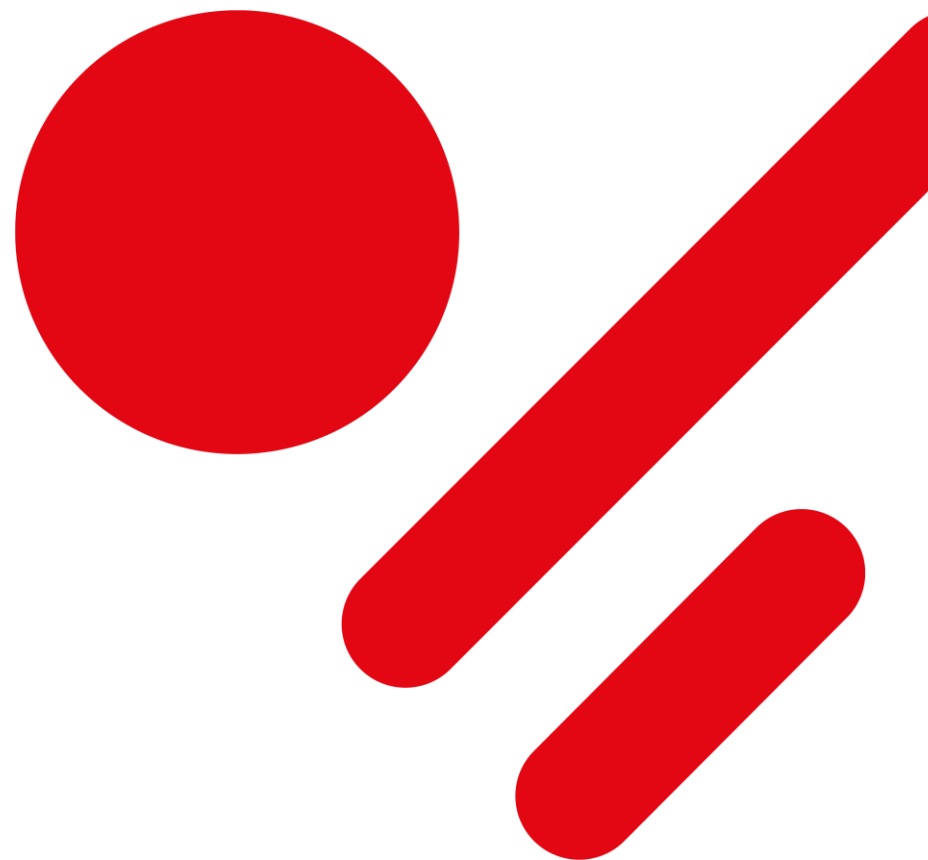
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Helsetilsynet

TILSYN MED BARNEVERN, SOSIAL- OG HELSETJENESTENE



The Norwegian Board of Health Supervision

- Approximately 110 employees
- Together with the County Governors Responsible for supervision of health, social and child welfare services



Analysis

Reimagining healthcare regulation to enable improvement, learning, and safety

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Although regulators do not directly deliver improvement, regulatory actions inevitably shape improvement dynamics through the conditions they create, signals they send, and relationships they foster.

Regulation does not always achieve its aims...

...when poorly aligned with clinical realities, regulatory influence can undermine learning and improvement, contributing to frustration and disengagement



Key messages in our article

- Healthcare regulation must evolve to support safe, resilient, and high quality care amid growing systemic pressures and complexity
- Regulatory approaches should move beyond compliance driven models toward learning, reflection, and relationship centered improvement
- Regulatory practice should be evidence informed and open to scrutiny, much like clinical care.
- Regulators, providers, and patients need structured spaces for dialogue, reflection, and joint sense-making.





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- Forskning på landsomfattende tilsyn 2022-2023 med barnevernstjenesters oppfølging av barn i fosterhjem



New legislation on reporting and following up serious adverse events

Patient and next of kin involvement

Learning and improvement

Regulation more focused on guidance and supporting improvement



Cocreating improved follow-up on serious adverse events in health and care services

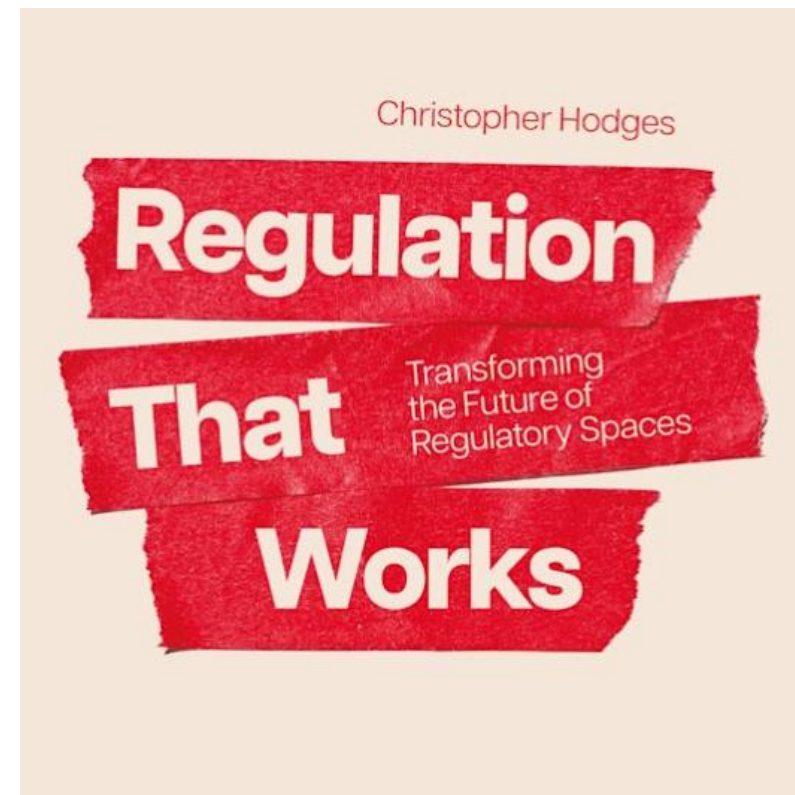
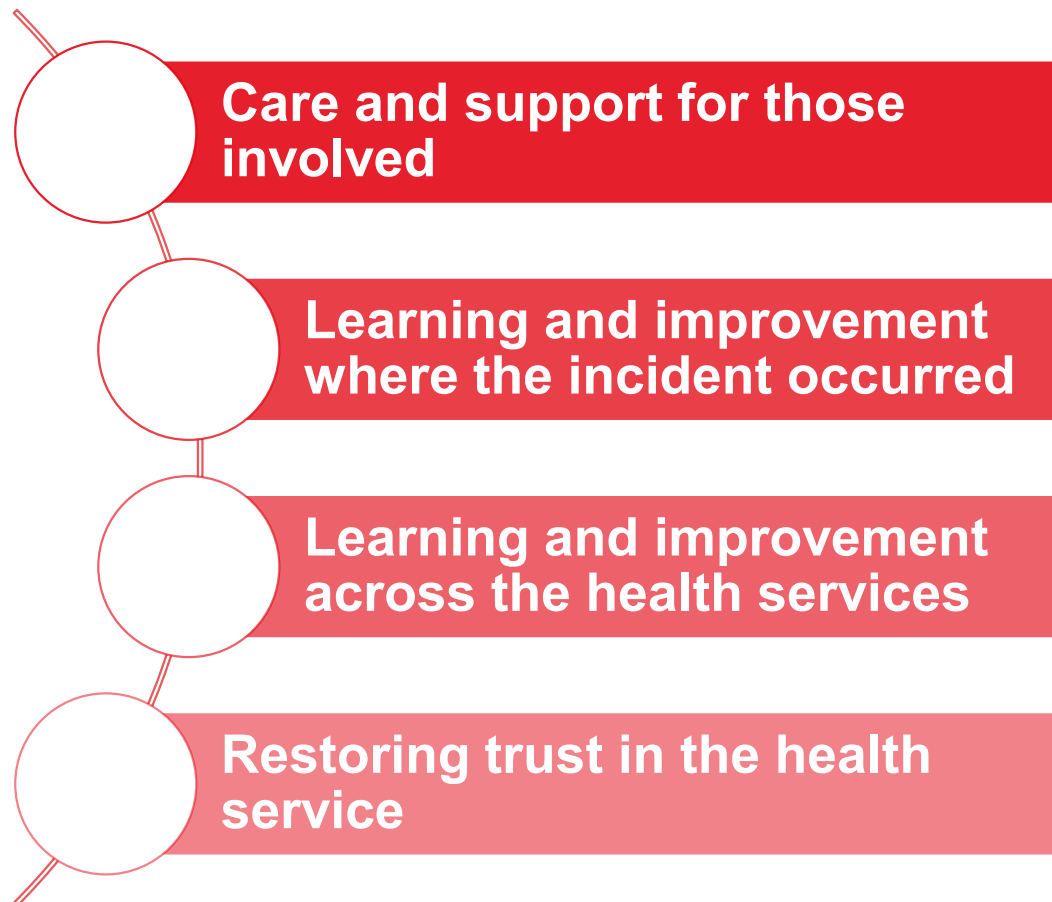
We need to do more

We need more knowledge

Collaboration with The Dutch Health and Youth Care
inspectorate and Erasmus University Rotterdam



Societal needs after serious adverse events



How

Gather those who have knowledge and experience

- Patients
- Service providers
- Supervisory authorities
- Academics

Denmark, England, Sweden, Netherlands and Norway



Awaiting analysis of data....





... but we have already learnt a lot

Co-creation is possible

Building evidence matters

The importance of truly involving patients and next of kin in
improvement work after adverse events



Thank you

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