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Horizon scanning identified several emerging healthcare services regulatory issues of concern

Changes in Care Models

- More complex care & preventive care will be delivered in community settings
- Greater vertical integration, seamless continuum of care from the hospital to the community
- Emergence of 'One-stop Shop' for care coordination and care management

Complementary & Alternative Medicine (CAM)

- Greater interest in the use of CAM (e.g., Traditional Chinese Medicine, Ayurvedic treatments) in Singapore
- Potential integration of CAM therapies with western medicine.

Digital Technologies shaping the future of healthcare services

- Extension of telemedicine beyond teleconsultations
- Artificial Intelligence-Machine Learning (AI-ML) & Robotics applications replacing direct human care
- Consumer apps / wearables enabling self care

Mainstreaming of personalised novel therapies

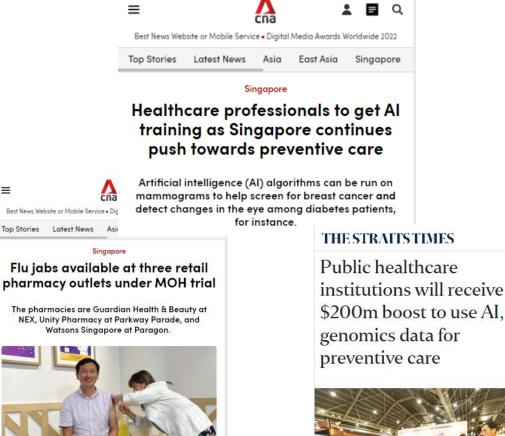
- Use of cell & gene therapies to treat common ailments in the near future.
- Use of mRNA, immunetargeting vectors and nanomaterials to treat cancer or rare diseases in future.
- Use of sophisticated technologies including digital twins and 3D printing.

Broader cross-cutting issues

- Pressures to restructure the healthcare workforce to develop competence in navigating these changes of care models and new skillsets.
- Data privacy and confidentiality concerns from collected data in digital apps, wearables and portable devices.
- Cost concerns related to these innovations and ensuring that healthcare remains affordable and accessible.
- Need for integration of health products, services and professionals regulation with the shifts on the horizon.



New and emerging health technologies and service models introduce complex safety risks that cut across regulatory remits



Ong Ye Kung receiving an influenza vaccination

Unity Pharmacy at Parkway Parade on Oct 28, 2024. (Photo:



ister Ong Ye Kung at the opening ceremony of the 22nd Singapore Health & Biomedical Congress at the Singapore Expo on

Oct 10. PHOTO: LIANHE ZAOBAO

However, these come with challenges

- Financial High cost for treatment or development
- Regulatory What regulatory tool do we use?
 - Who regulates which segment?
 - What is safe?
 - What are appropriate cyber and data security standards?
 - How to catch up with the fast-evolving landscape and be future-proof?
- Ethical dilemmas



Case example: Artificial Intelligence Governance Approach in Singapore

National Guidance

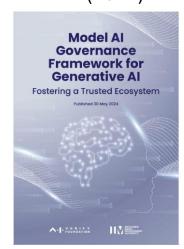
Singapore National AI Strategy 2.0 (NAIS 2.0) (2023)





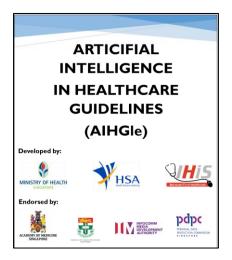


Model AI Governance Framework for Generative AI (2024)

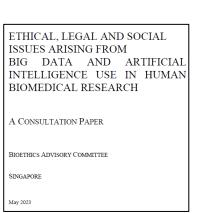


Healthcare Sector's Guidance

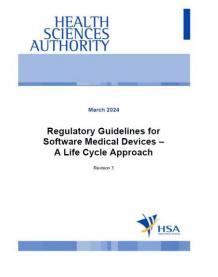
AIHGle (2021)



Regulatory Guidelines on AI-MD (2024, first published 2022)



BDAI in Human Biomedical Research (2023)





However, Artificial Intelligence governance has its challenges

Al Regulatory controls can be divided into 4 siloed pillars

Services

Healthcare Services Act (HCSA)

- Regulation of healthcare service providers.
- Focuses on governance and accountability at the licensee, key appointment holders, principal officer and clinical governance officer level.

Professionals

Medical Registration Act, Ethical Code and Ethical Guidelines (ECEG)

- Regulation of individual healthcare professionals.
- Focuses on professional standards and ethical behaviour of individual medical practitioners.

Products

Health Products Act

- Regulation of medical devices, specifically for AI – Software as a Medical Device (SaMD).
- Focuses on ensuring the quality, safety and efficacy of AI medical devices

Data

Health Information Bill, Human Biomedical Research Act

- Regulation of health information.
- Focuses on data collection, sharing, access and protection (e.g. usage of NEHR data to train Al models under HIB)

National AI in Healthcare Guidelines (AIHGle)

- Sharing good practices with AI developers (e.g. manufacturers or companies) and AI implementers (e.g. healthcare institutions hospitals, clinics, laboratories).
- Complements existing regulatory frameworks.

Challenges faced / feedback

- Liabilities should there be errors or complications
- Regulatory process slowing down innovation (e.g. requirements to obtain ISO, various licenses, etc)
- Difficulty to determine if products are medical devices or not (i.e. if software intended direct medical purposes (e.g. detection, screening, diagnosis, treatment, monitoring or management of any medical condition or disease))



Singapore takes a layered and coordinated healthcare regulation approach to ensure safe and effective delivery of care

SG Wide Legislation

(e.g. Penal Code, Penal Code, Personal Data Protection Act, Cyber Security Act)

Health Data

(Health Information Bill)

Healthcare Services

(Healthcare Services Act)

Health Products & Devices

(Health Products Act)

Healthcare Professionals

(various professional registration acts e.g. Medical Registration Act, Ethical Code and Ethical Guidelines)



















Health Professionals are regulated by respective professional Boards & Councils

Regulators of Healthcare Professions in Singapore

- i. To protect the health & safety of the public
- i. To uphold standards of practice of healthcare professionals



Registration and regulation of healthcare professionals governed by the Professional Boards (PBs)

All PBs have full autonomy and independence over professional and statutory matters, as provided for under their respective professional registration Acts



Health Products are regulated by our Health Sciences Authority (HSA)



- □ For example, medical devices are classified as a health products under Singapore law
- □ The HSA ensures that health products in Singapore are wisely regulated to meet appropriate standards of safety, quality and efficacy throughout the product life cycle
- Ensure timely access to good quality, safe & efficacious health products
- □ Support the healthcare and biomedical sciences industry and facilitating its development

HSA's Regulatory Philosophy

- 1 Benefits outweigh foreseeable risks
- Risk-based, fit-for-purpose approach
- **3** Confidence-based approach

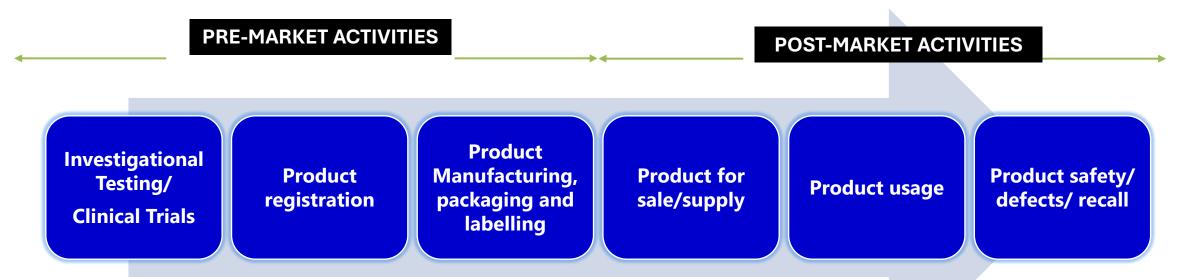
- Adoption and judicious adaption of international standards & best practices
- Forging strategic partnerships both regionally in ASEAN and internationally

Health Products Regulation adopts a product lifecycle approach

Health products e.g., medicines, medical devices, cell, tissue and gene therapies in Singapore are wisely regulated, through risk calibration, to meet appropriate standards of:

- i) Safety,
- ii) Quality, and
- iii) Efficacy

throughout the product life cycle

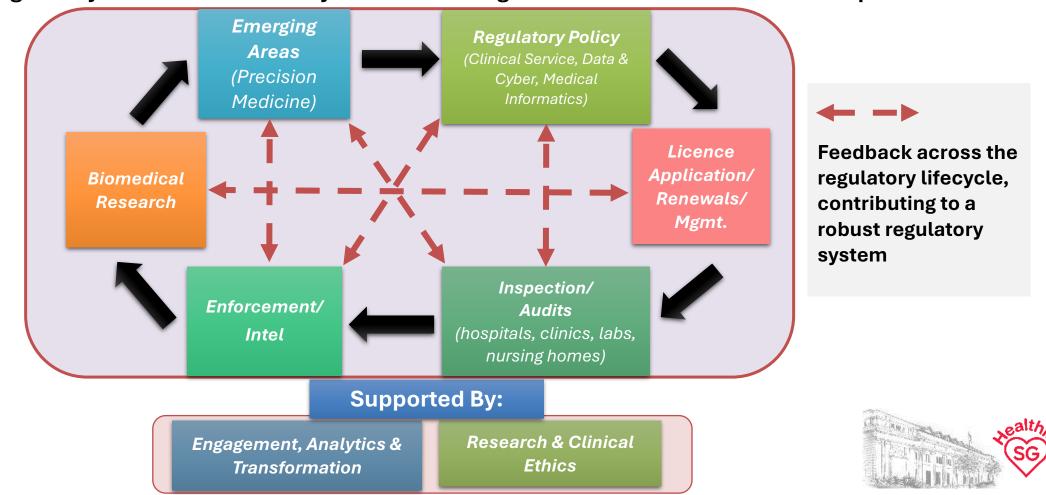




Healthcare Services are regulated by the Ministry of Health – Health Regulation Group

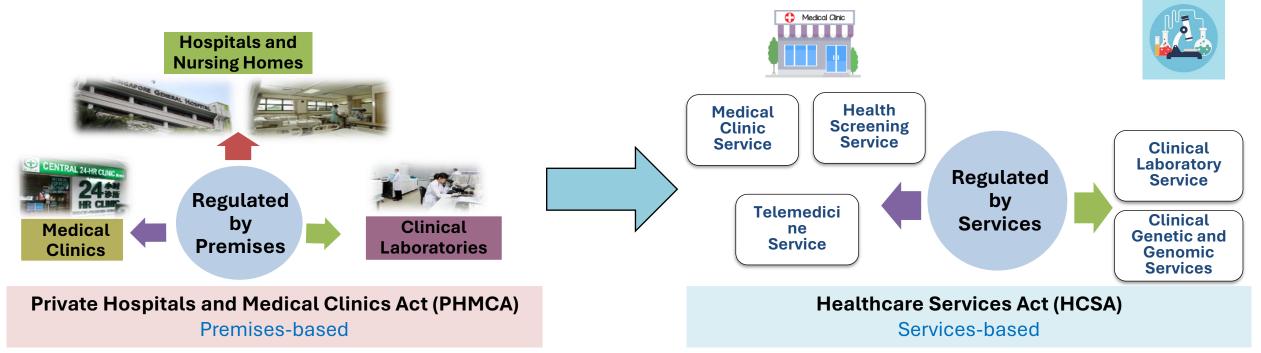
HRG's Mission: To <u>safeguard and improve</u> the <u>safety and welfare</u> of the public in our evolving healthcare landscape, through an <u>effective and efficient regulatory regime</u>

Within HRG, our regulatory functions are closely linked and integrated to enable feedback and improvements



Healthcare Services regulation adapting with new care models for a more flexible regulatory approach

- **New care models for patients have emerged**, and healthcare services are increasingly delivered through different modes, such as mobile and online channels.
- This has necessitated a shift towards a more flexible approach in the regulation of Singapore's healthcare system.



- Hence, to cope with the rapidly changing healthcare environment, the Healthcare Services Act (HCSA) was conceptualized to:
 - Replace the PHMCA
 - Better safeguard patient safety and well-being; and
 - Enable the development of new and innovative healthcare services.

Protecting health data to allow retrieval of accurate, up-to-date information for better care delivery

Health Information Bill

This Bill will mandate licensed healthcare providers contribute a copy of selected key health information (as determined by MOH) to the NEHR.

It will also ensure our healthcare data is well protected, by mandating cyber and data security requirements for healthcare providers and third-party data intermediaries.



The NEHR system captures selected key health information in a central platform, for easy access by licensed healthcare providers and healthcare professionals.

- 1. Mandatory contribution of selected key health information to NEHR by healthcare licensees (e.g. hospitals, clinics, laboratories) and retail pharmacies; and enabling access for direct patient care
- 2. "Green Lane" sharing of identifiable data across prescribed entities in the healthcare ecosystem without prior consent, for prescribed purposes and with safeguards in place

3. Putting in place **cybersecurity and data security** to safeguard health information



Multiple Safeguards will be Put in Place to Ensure Appropriate Use of NEHR



Access to NEHR prohibited for insurance and employment purposes (unless permitted by law).



Patient may place restrictions on NEHR access, and block data sharing with healthcare providers. Other features include:

- 1. Break glass for medical emergencies
- 2. Double log-in for Sensitive Health Information
- 3. Cyber and data breach incident reporting and management



Statutory medical reports are not considered patient care and thus NEHR access is generally prohibited to protect patient privacy, with exceptions only for selected statutory medical examinations where lack of access could significantly harm individual health or public interest.



All access to NEHR are **audited** backend, and **inappropriate accesses are flagged for review**. Any unauthorised access to NEHR may be referred for investigation under the Computer Misuse Act.



Patients can view in HealthHub Access Logs which institution has accessed their NEHR records.



Ensuring our regulatory frameworks are pragmatic, balanced and future proofed

Ensure that patient safety and quality of care continue to be of utmost importance



2) Enhance and introduce appropriate laws and regulatory frameworks to enable and support upstream preventive care



3) Ensure we stay ahead of the curve and develop fit-for-purpose regulatory tools to support the growth of new and innovative services that benefit patients and our healthcare ecosystem





How Do We Support Safe and Timely Adoption of New Technologies?

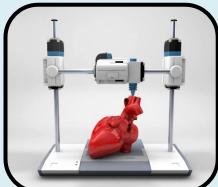
Leveraging Increased
Connectivity and Data

Artificial Intelligence and
Cross-Boundary Care

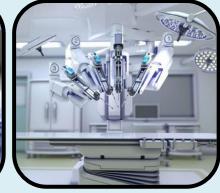
Safe Deployment of Non-Digital Technologies



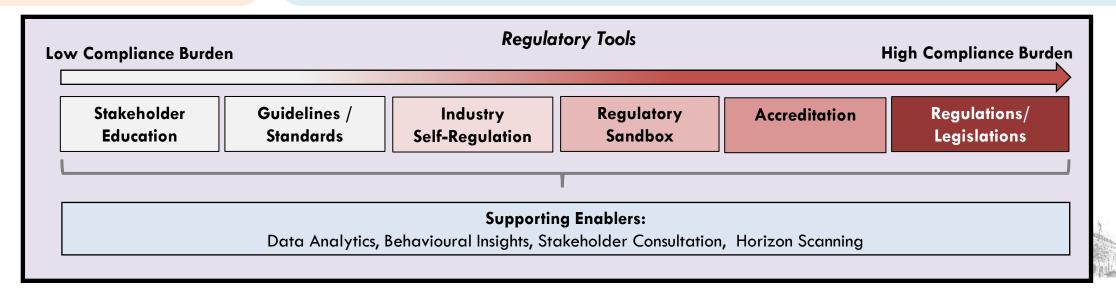
Gene Testing & Editing



3D-Printed Organs, Tissues & Medicine

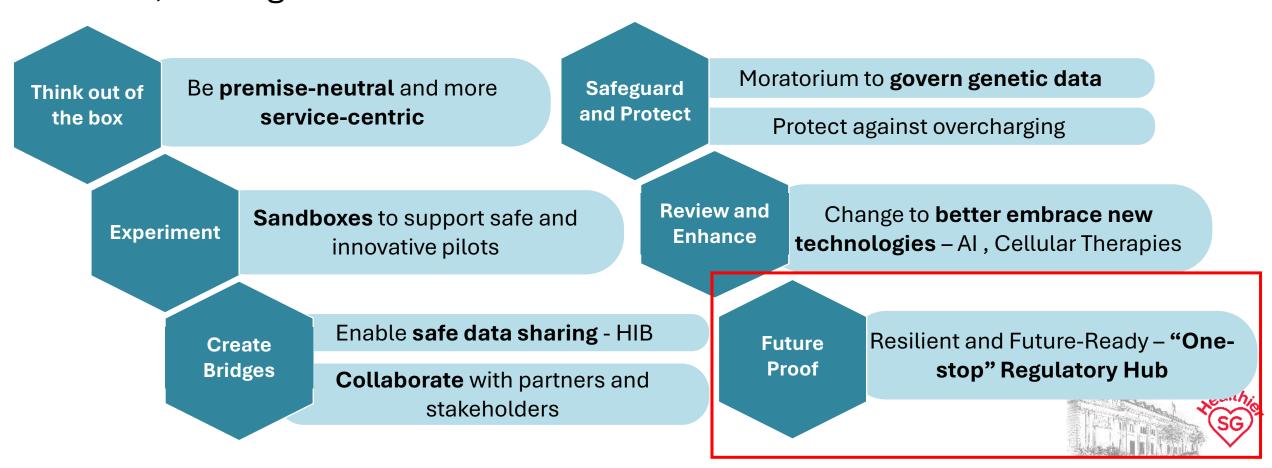


Robotics



Transforming Our Health Regulatory Ecosystem

■ To ensure our healthcare system progresses in tandem with technological advancements and is able to best serve our populations' evolving health needs, our regulations will need to:



Are we future-ready as health regulators as we are today?

Health Services & Data



To safeguard and improve the safety and welfare of the public in our evolving healthcare landscape, through an effective and efficient regulatory regime for health services & data

Health Products



To ensure standards of safety, quality and efficacy throughout the product life cycle are met.

Health Professionals



To uphold standards on professional conduct and ethics, supported by the Secretariat of Healthcare Professional Boards (SPB).



2026 Goal: "One-Stop" Future-Ready Centre of Regulatory Excellence

Enable greater policy & operations alignment across regulatory domains to address issues more holistically, expeditiously & efficiently.

✓ Our Stakeholders

Streamline stakeholder journeys with a **single regulatory touch point** for our stakeholders (e.g. licensees, registrants, citizens)

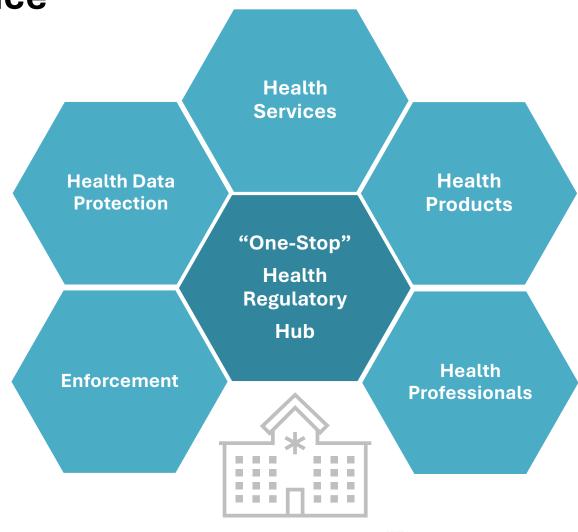
✓ Our Partners

Single touchpoint for our partners (i.e. other government agencies & statutory boards) for all health regulatory matters.

✓ Our People

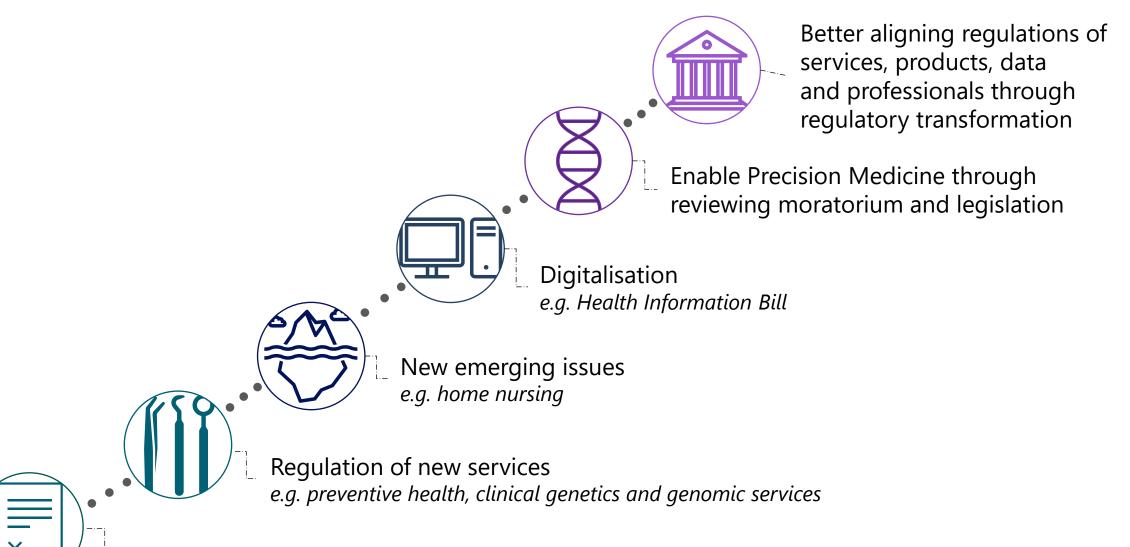
Greater opportunities to take on new roles, develop new skills and access a wider range of resources for professional growth and career progression as regulatory specialists and leaders.

Greater ease of collaboration and cooperation across regulatory domains to tackle complex regulatory issues holistically





Beginning of an Exciting Healthcare Regulatory Transformation Journey



Repeal of PHMCA

Our Regulatory Advisory Panel insights to emerging areas

Artificial Intelligence

- 1. Risk based supervision of professionals Develop a framework of responsibilities for deploying AI systems in patient care
- 2. Differentiated regulation approach toward AI (i.e. structured AI vs unstructured AI require different levels of human oversight, thus regulatory approach)
- 3. Incorporating real-world evidence through post market surveillance (in additional to sensitivity and specificity)
- 4. Adopting generative AI requires cultural readiness through enabling transparency, ensuring data privacy and educating users (e.g. AI labels)

Wellness Services Regulation

Ensure informed consent and provision of cost-based analyses to consumers

Indirect care providers (e.g. concierge services/platforms)

- 1. Guidance to clearly define relationships between providers, insurers and stakeholders
- 2. Banning commissions-based payments (i.e. prioritise patient welfare)

Regulatory processes

- 1. Prevent duplication of licensing across different regulators for overlapping requirements
- 2. Incorporation of outcome-based collaboration and regulation to transform regulation to be more sustainable and adaptable
- 3. Equitable and consistent standards across all healthcare providers was critical, regardless of licensing status (i.e. to include wellness/non evidence-based treatment)

A Collective Approach Towards Transforming Regulation

Healthcare Products Industry



- There is **no one-size-fits-all solution** to regulating healthcare
- Always be agile and be prepared for change as the healthcare landscape will continue to evolve at a rapid pace
- It is important to **continue engaging and collaborating with various stakeholders** to co-create policies, regulations and tools while safeguarding patient safety and welfare

Insurance Providers



International Regulators







Healthcare
Institutions &
Professionals



CHANGE

is hard at first,
messy in the middle
and gorgeous at
the end. _Robin Sharma



Lets review how the upcoming healthcare transformation is impacting us

Share with us your thoughts

https://go.gov.sg/regtransformation





Discussion Questions

- 1. Are the emerging areas in your horizon scanning areas similar? How are you approaching regulating these?
 - □ [Recap of emerging areas: 1. Change in Care Models; 2. Complementary & Alternative Medicine; 3. Digital Technologies shaping future of healthcare services; 4. Mainstreaming of personalised novel therapies]
- 2. Do you observe a rise in wellness/alternative facilities (e.g. wellness spas that provide weight loss treatment or homeopathy services that also prescribe medications)? How do you approach regulation of these?
- 3. With ongoing disrupters in healthcare, should we remain status quo (i.e. silo-ed regulator) or evolve and move towards integrated regulatory agency?
- 4. In your view, how might the convergence of healthcare domains (services, professionals, products & data) impact international regulatory harmonisation efforts?

Thank you

Contact us

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