



Social Isolation within Residential Care Homes

Ms Letizia Marmara'
Quality Assurance Director



1



Social Isolation Post COVID-19

2



3

BMJ Open Promising best practices implemented in long-term care homes during COVID-19 pandemic to address social isolation and loneliness: a scoping review protocol

Idrissa Beogo^{1,2}, Eric Nguemeleu Tchouaket³, Drissa Sia³, Nebila Jean-Claude Bationo,⁴ Stephanie Collin,⁵ D...

COGITATIO

Social Inclusion (ISSN: 2183-2803)
2021, Volume 9, Issue 4, Pages 315-326
<https://doi.org/10.17645/si.v9i4.4486>

Article
How Do the Support Networks of Older People Influence Their Experiences of Social Isolation in Care Homes?

Research

Journal of Aging Studies
Journal homepage: www.elsevier.com/locate/jaging

ELSEVIER

"It's the worst bloody feeling in the world": Experiences of loneliness and social isolation among older people living in care homes

Barbara Barbosa Neves^{a,b,c}, Alexandra Sanders^b, Renata Kokanović^c

^a Monash University, Australia
^b The University of Melbourne, Australia
^c RMIT University, Australia

Long-term Care Home Strategies from Six Countries

Charlene H. Chu, Jing Wang, Chie Fukui, Sandra Staudacher, Patrick A. Wachholz & Bei Wu

To cite this article: Charlene H. Chu, Jing Wang, Chie Fukui, Sandra Staudacher, Patrick A. Wachholz & Bei Wu (2021) The Impact of COVID-19 on Social Isolation in Long-term Care Homes: Perspectives of Policies and Strategies from Six Countries. *Journal of Aging & Social Policy*

4



Social Isolation:

- *impairs the quality of life;*
- *lead to a cognitive decline;*
- *increase risks of developing dementia;*
- *perceived as a dishonor.*

5



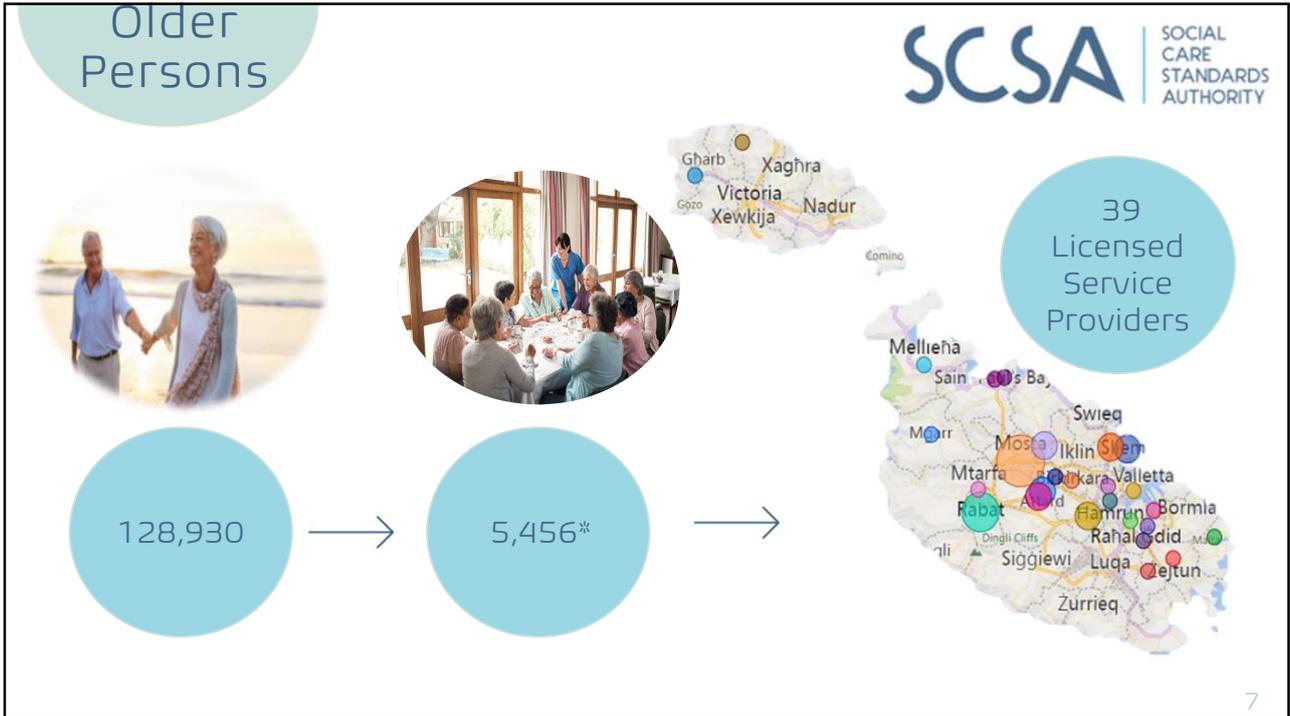
Malta

Area of 316 km² / 122 sq mi

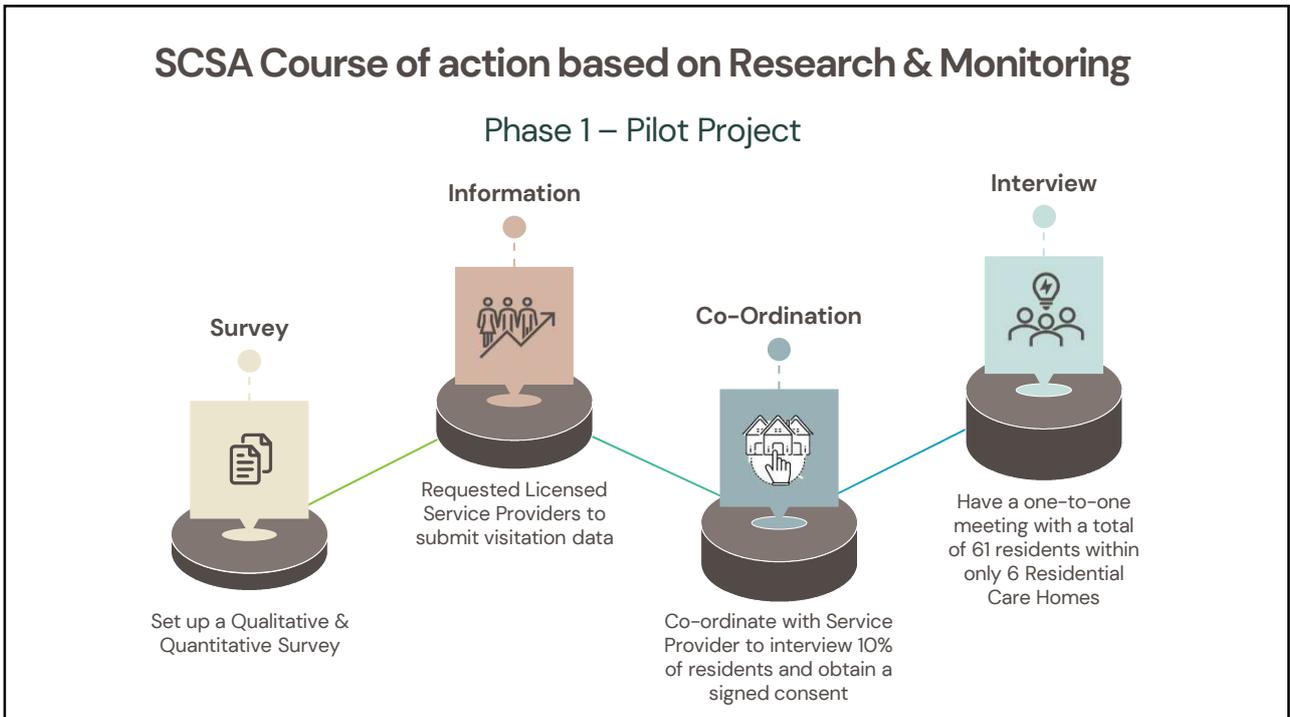
Population: 519,562

25% of population is over the age of 60

6



7



8



Visit

-  Approx. 45 mins / resident
-  Resident's bedroom or assigned location within residential home
-  Friendly approach

9

Visit

-  Two SCSA Assessors / interview
-  Resident's face enlightened when we asked them on their past
-  Requested us to visit them again to talk with them!



10

Compile Data

Statistics based on 61 Interviewees

Individuals prefer to be isolated

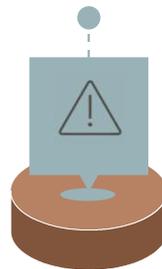


11

SCSA Course of action based on Research & Monitoring

Phase 2

Continuation



Move study onto the next level

12

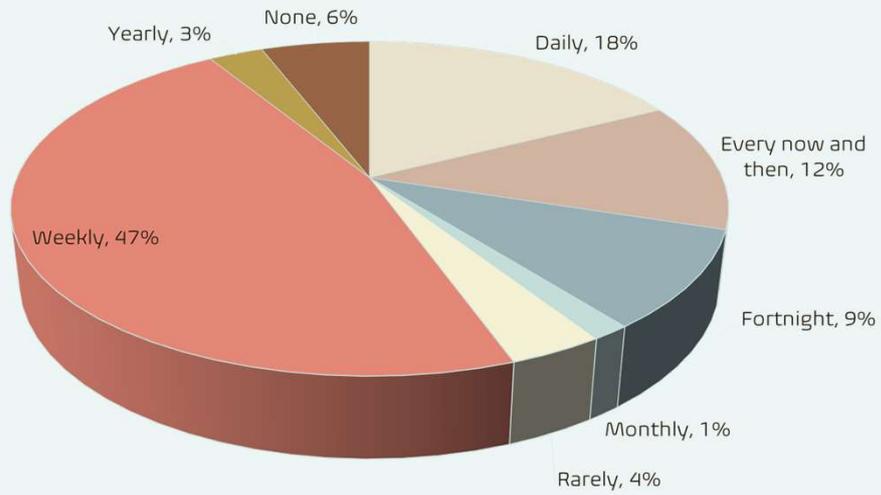


13



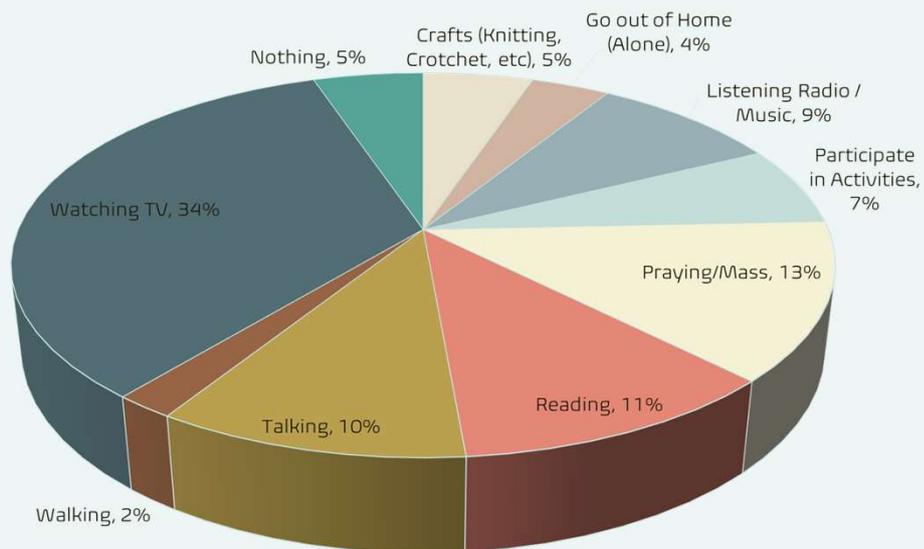
14

Current Statistics – Visitation Frequency

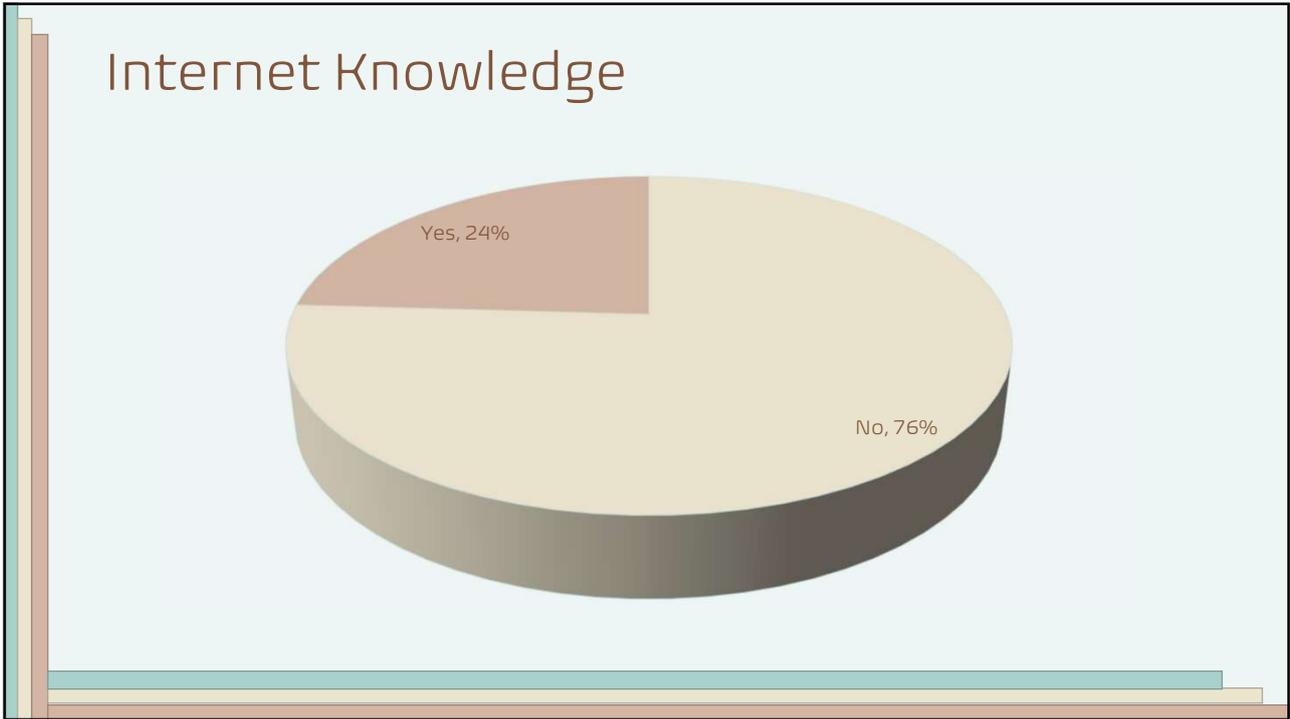


15

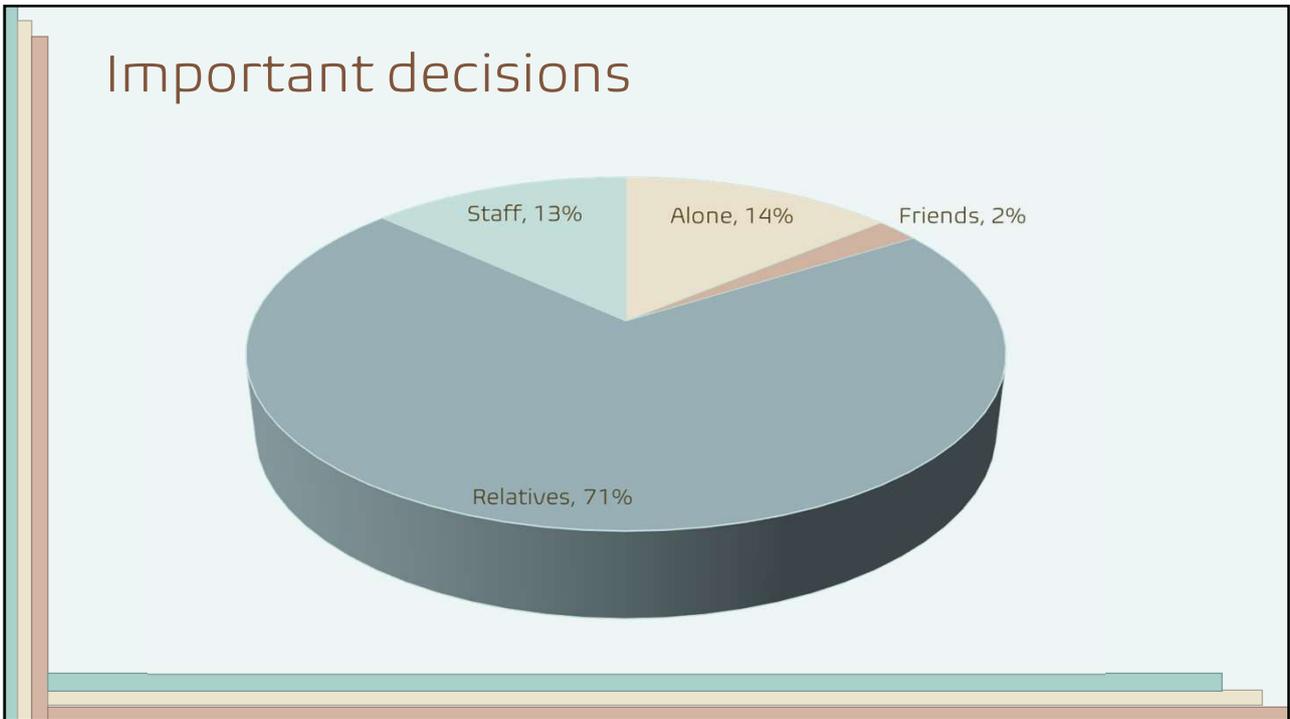
How are elderly passing their time?



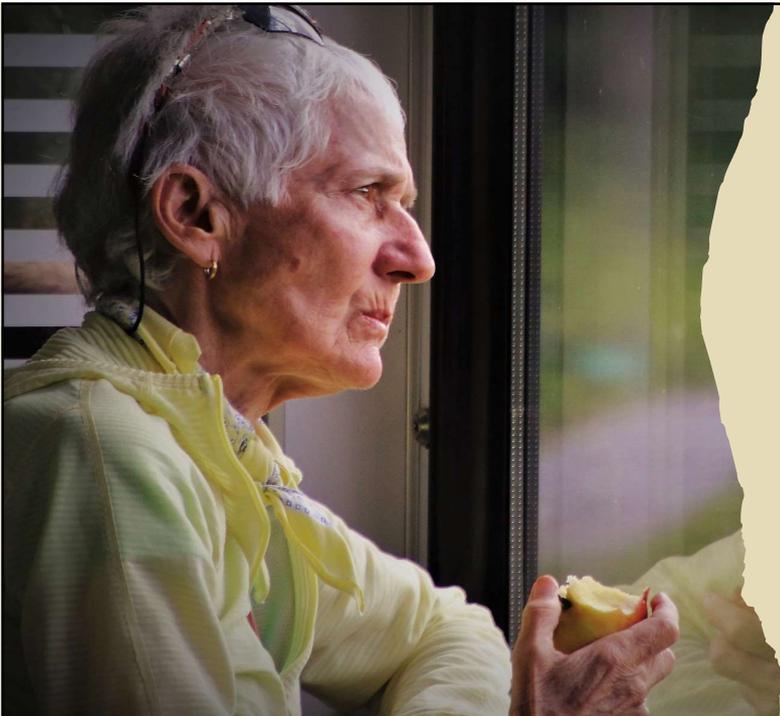
16



17



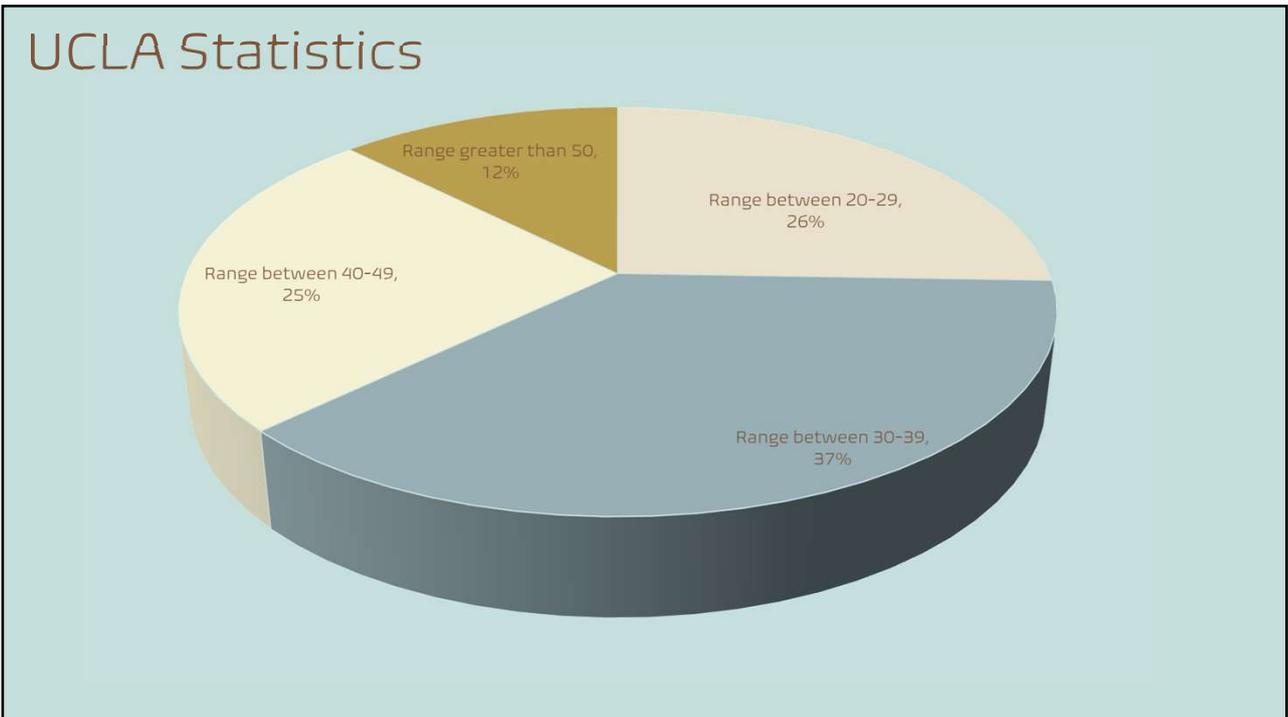
18



The UCLA Loneliness Scale is a commonly-used measure of loneliness.

The lower the rating the less the individual feels lonely

19



20



21

SCSA | SOCIAL CARE STANDARDS AUTHORITY

Social Care Standards Authority,
469, Bugeia Institute,
Triq il-Kbira San Guzepp,
Santa Venera, MALTA

☎ (00356) 25494000

🌐 www.scsa.gov.mt

✉ externalrelations.scsa@gov.mt

Letizia Marmara' – Quality Assurance Director

22