



#### Hosted by:

- Latvijas Veselības inspekcija un Veselības ministrija.
- Latvian Health Inspectorate and Ministry of Health

EPSO: European Partnership for Supervisory Organisations in Health Services and Social Care  
 to improve the quality of health care and social care in Europe;  
 to connect between supervisory organizations and their individual members;  
 to improve exchange of ideas, outcome of research, information and good practice;  
 to promote co-operation on topics such as education and dissemination of knowledge.

#### Contacts at the Latvian Health Inspectorate & Ministry of Health Latvia:

Ludis Paulins, Ministry of Health, tel +371 29211809

Alla Notgotkova, Health Inspectorate, tel.+371 29150458

Website: [www. www.epsonet.eu](http://www.epsonet.eu)

Contacts at EPSO: Jooske Vos ([jmvos@eurinspect.nl](mailto:jmvos@eurinspect.nl)) Chair EPSO-board tel +31613163557

# **Programme**

## **33<sup>rd</sup> EPSO Conference & Working groups- Riga,**

**with participation of the EPSO - APAC (Asia Pacific) network**

**7-9 December 2022**

**Hosted by**

**The Latvian Ministry of Health, and  
the Latvian Health Inspectorate (Veselības  
inspekcija)**

**Chaired by Indra Dreika, Latvia**

**Venue:**

**Pauls Stradiņš Medicine History Museum**

**(7-9 December)**

**Ukrainas neatkarības street 1, Riga, LV-1010, Latvia.**

### **Please note:**

- The EPSO conference and conference dinner is free of charge for EPSO delegates, (invited) partners from the EPSO-APAC network, speakers and other (invited) guests.
- The EPSO working groups are open to all delegates from EPSO Partners and by EPSO invited experts who want to participate in the work of working group(s); participation in the working group sessions does not necessarily mean that participants must participate in the main conference. Participation in the main conference is limited to a maximum of 3 participants per organisation/country.
- The EPSO Conference and working group meetings will be held in the Pauls Stradiņš Medicine History Museum (7- 9 Dec). The Museum is about 7 minutes walking distance from hotel.
- Travel and hotel costs are at your own expense.
- There is a limited number of rooms pre-reserved for our delegates at the Grand Poet Hotel (please see page 15 for hotel and booking information).
- For travel information and directions, please see page 16
- Please note that your participation in the conference means that you accept the exclusion of liability from EPSO and Veselības inspekcija for all loss or theft of your assets and for possible liability resulting from damage caused by shortcomings of the organization; nevertheless, the organization does everything as usual at EPSO conferences, to make the conference run smoothly.

# **33<sup>rd</sup> EPSO conference in Riga**

7-9 December 2022

## **Main topics**

- **Telehealth – Digital Health\* - Innovative Health Regulation and Supervision**
  - Session 1: Harnessing the Potential of Digital Health through Regulatory Innovation
  - Session 2: Telehealth and Digital health – New developments in health and social care inspection

\*(the conference will include on the Wednesday afternoon an in- person and hybrid meeting of our TAC (Telehealth/ e-health Artificial Intelligence/ Cyber security) working group -chaired by Kevin Freeman Ferguson – Scotland
- **Prevention of illness in relation to regulation and inspection in health and social care.**
  - Session 3: Preventive Healthcare
    - How to promote and inspect Preventive Healthcare in Health and Social Care supervision?
    - What options and good practices are available to make a switch towards preventive healthcare?
    - How to work on this topic in your own organisation?
- **Co-operation between in- and external regulators Innovative Supervisory Approaches and scientific findings**
  - Session 4: Local co-operation: in- and external inspection of quality and safety regulation, In- and external regulation of networks. Challenges for local co-operation between national and regional supervisory bodies.
- **Effectiveness of regulation and inspection**
  - Session 5:
    - What are the basic principles of effectiveness in healthcare regulation and inspection?
    - How to keep a stable focus on goal orientation and good governance in inspection and regulation? Be aware of goal changers and other disruptive factors.

# Pre-Conference TAC working group meeting

- **Wednesday afternoon the 7<sup>th</sup> of December 2022**

**ATTENTION:** The EPSO working group meetings are open to all EPSO delegates, experts and invited guests including those who do not plan to come to the main conference.

## 7 December 2022 – TAC working group

12:00-13:30 pre- working group **Lunch** (at own cost) at a reasonably priced lunch spot around the Pauls Stradiņš Medicine History Museum **see page 14**

**13:30 Arrival of the delegates at the Pauls Stradiņš Medicine History Museum.**

13.30– 14.00 Poster session on digital training	<b>EPSO's upcoming Academy-online Training for and by Inspectors</b>  For those interested, information will be available about the EPSO Training for Inspectors as a digital tool towards more effective inspection	<b>Erik Koornneef</b> <sup>(online)</sup> , Director of Research and Innovation, Pure Health, United Arab Emirates  Martin de Bree  Jooske Vos
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**14:00- 14.15 Gathering and informal meeting of delegates as a start of the 4<sup>th</sup> TAC-  
working group meeting**

**14:15-16:15 EPSO TAC – Telehealth/ Digital Health, Artificial Intelligence,  
Cybersecurity (4<sup>th</sup> working group meeting) -online and in person - in Riga**

- Updates by Kevin Freeman Ferguson, chair of the TAC working group.
- Discussion on ‘work in progress ‘– documents
  1. Blueprint to support the delivery of safe and high-quality care by Telehealth and Digital Health.
  2. Blueprint for Cybersecurity in Healthcare.
  3. Blueprint for the supervision of Artificial Intelligence (AI) in healthcare (no draft document yet available)
- The final agenda will be sent to the TAC group participants separately. More info about the EPSO TAC -working group will be shared with those interested to participate in this group.

***Please let us know if you are interested in participating in this TAC working group meeting***

# Conference Programme

<b>8 December 2022 (Thursday)</b> <b>33<sup>rd</sup> EPSO Conference Day 1:</b> <b>Innovative Health Regulation and Supervision</b> <b>Session 1: Telehealth and Digital health – New developments in e- health and digital health regulation and inspection.</b> <b>Session 2: Preventive Healthcare</b>		
<b>Time<sup>1</sup></b>	<b>Agenda</b>	<b>Speaker(s)</b>
8.30 - 8.45	Registration	<b>All delegates</b>
<b>Pre – Conference Social Programme</b> 8.45-9.45	<b>Where are we?</b> City walking tour with a guide in the old medieval city of Riga starting at the hotel and ending at the Pauls Stradiņš Medicine History Museum (Conference venue).	<b>All delegates and partners welcome</b>
10.00 -10.15	Welcome by EPSO <b>Welcome by the chair of the conference, Indra Dreika.</b>	<b>Jooske Vos</b> <sup>(in-person)</sup> Chair, EPSO Management Board <b>Indra Dreika</b> <sup>(in-person)</sup> State-Secretary, Ministry of Health, Latvia. Member, EPSO Management Board
10.15 -10.35	Opening Remarks on a patient-centred mindset in healthcare and healthcare inspectorate by our <b>special Guest-of-Honour, the Minister for Health of Latvia</b>	Minister for Health of Latvia, (online).
10.35 -10.45	Roundtable introduction session of the delegates	<b>All delegates</b>
10.45 -11.00	Group Photo Session	<b>All delegates</b>

<sup>1</sup> All timings listed are in Latvian Time (i.e. GMT +2 / CET +1). All times are indicative as not all speakers are confirmed  
Speakers marked with a star are not yet fully confirmed \*

**Session 1: Telehealth and Digital health – New developments in e- health and digital health regulation and inspection.**

How Regulators and Inspectorates make sure that Consultation via Telemedicine (via digital platforms and video consultation) leads to qualitative and safe care? How to make better use of the positive aspects of telemedicine? What modality should be used? What – if any - are limitations to telemedicine? Do doctors and patients understand the limitations of telemedicine? What training is necessary? What standards are used for regulatory control of telemedicine? Is training of doctor's nurses etc. part of the regulatory assessment of digital health? How to manage these new developments as being a governmental agency? Questions and Answers to share from various perspectives

11.00 -11.30	Evaluation of digital health applications, with or without artificial intelligence, from a user perspective	<b>Prof Carl Moons</b> <sup>(in-person)</sup> Professor, Clinical Epidemiology, Julius Center, UMC Utrecht. Director, Health Innovation Netherlands (HI-NL), University Medical Center Utrecht, The Netherlands
11.30 -12.00	New developments in E- health and Digital Health in England: The role of CQC as a health and care regulator in an increasingly digital landscape. What does this mean for the regulatory approach, including challenges and opportunities.	<b>Ruby Okojie</b> – CQC England
12.00–12.30	Telehealth and Digital health in Singapore How to make sure that Consultation via Telemedicine (via digital platforms and video consultation) leads to qualitative and safe care? How to make better use of the positive aspects of telemedicine? What modality should be used? What are limitations to telemedicine? Do doctors and patients understand the limitations of Telemedicine? What standards are used for regulatory control of telemedicine?	<b>Adj A/Prof Raymond Chua</b> Deputy Director of Medical services (Health Regulation Group), Ministry of Health, Singapore
12.30-13.00	Q&A and Panel Discussion	<b>Adj A/Prof Raymond</b> <b>Prof Carl Moons</b> <b>Ruby Okojie</b> <b>Jānis Naglis</b> - Member of Board, Pauls Stradins Clinical University Hospital
13.00 -14.00	Lunch	<b>All delegates</b>

## Session 2: How to support Preventive Healthcare by innovative methods of regulation and inspection

This session discusses questions around 'Preventive Healthcare' and how to support the switch from 'cure of illnesses towards a more 'prevention-oriented approach' in health and social care. Can supervisory organisations adapt to new methods and focus on healthy lifestyle and methods to prevent illness. How to support and find opportunities to cope with living conditions, aimed at a better life.

14.00 -14.20	Preventive Healthcare initiatives in Australia: the successful Leading "Better Value Care program" in the NSW Health District	<b>Chris Hanna</b> <sup>(online)</sup> New South Wales NSW Health District, Australia
14.20 -14.50	Prevention of illness as one of the goals of the new regulatory 'systems approach' of the English regulator CQC	<b>Charles Rendell</b> <sup>(in-person)</sup> Care Quality Commission CQC England, UK
14.50 -15.20	Preventive Healthcare Regulation in Singapore	<b>Kang Jie</b> <sup>(in-person)</sup> (Health Regulation Group), Ministry of Health, Singapore
15.20 -15.40	Break	
15.40 -16.00	- Prevention in Social Care Regulation in Malta.  - Integration in Social Care Regulation in Malta.	<b>Dylan Cutajar</b> <sup>(in-person)</sup> , Social Care Standard Authority Malta <b>Cynthia Deguara</b> <sup>(in-person)</sup> Social Care Standard Authority Malta
16.00 -16.20	Integrated Care Models in the Netherlands - support to a preventive health approach?	<b>Nick Zonneveld – Vilans Netherlands</b> <sup>(online)</sup>
16.20 -16.45	Healthcare in the United Emirates – Prevention and improvement of quality and safety by using all available data in an effective way.	<b>Jumana Ibrahim Rashed al Abed</b> <sup>(online)</sup> Head of Healthcare Facilities Quality Division, Quality Analysis & Improvement.
16.45 -17.15	Q&A and Panel Discussion	<b>Charles Rendell</b> <sup>(in-person)</sup> <b>Adj A/Prof Raymond Chua</b> <sup>(in-person)</sup> <b>Nick Zonneveld</b> <sup>(in-person)</sup> <b>Cynthia Deguara</b> <sup>(in-person)</sup> <b>Dylan Cutajar</b> <sup>(in-person)</sup> <b>Jumana Ibrahim</b>
17.15- 17.30	Closing of Day 1 and Administrative Instructions	<b>All delegates</b>
17.30 -18.15	Informal tour in the Pauls Stradiņš Medicine History Museum	<b>All delegates</b>



19.30- 22.00	<b>Conference dinner at Restaurant ‘Key to Riga’</b> On invitation of our Latvian host the <b>Latvian Ministry of Health</b> and the <b>Latvian Health Inspectorate</b> ; Kindly sponsored and supported by <b>Pauls Stradiņš Clinical University Hospital</b>	All delegates
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<b>9 December 2022 (Fri)</b> <b>33<sup>rd</sup> EPSO Conference Day 2: Innovative Health Regulation and Supervision</b> <b>Session 3: Cooperation between in- and external regulators</b> <b>Session 4: EPSO Effectiveness working group (follow up) – WORKING LUNCH</b> <b>Session 5: Harnessing the Potential of Digital Health through Regulatory Innovation</b>		
<b>Session 3: Innovative Supervisory Approaches and scientific findings: Co-operation between in- and external regulators; In- and external regulation of networks.</b> <b>Chair: Ms Indra Dreika</b> <sup>(in-person)</sup> State-Secretary, Ministry of Health, Latvia. Member, EPSO Management Board This session discusses pro and cons of co-operation between national (external) regulatory organisations and local health (internal) regulatory quality regulators. What are the scientific findings about this type of collaboration? What approaches are effective? what are the challenges?		
<b>Time<sup>2</sup></b>	<b>Agenda</b>	<b>Speaker(s)</b>
09.00 – 12.00	<b>Interactive session in co-operation with Quality and Safety managers/consultants from Latvia's health care institutions including the Children's Hospital in Riga</b> This session discusses questions such as: <ul style="list-style-type: none"> <li>- How do we monitor and inspect at the local and at the national level and</li> <li>- what could cooperation between local and national (internal and external) regulators / inspectors look like?</li> </ul>	
09.00 – 9.25	Introduction of the interactive session and presentation of her Scientific findings about in and external cooperation between inspectorates	<b>Leonie Schakel</b> , NZA- Dutch National Healthcare Authority – Erasmus University Rotterdam, The Netherlands
9.25 – 9.45	A Latvian perspective on cooperation between in and external regulators (Hospital quality units and Veselības Inspekcija) by the national health regulator	<b>Anita Slokenberga</b> - Head of Health Inspectorate, Latvia

<sup>2</sup> All timings listed are in Latvian Time (i.e. GMT +2 / CET +1). All times are indicative

9.45 – 10.05	A Latvian perspective on cooperation between in and external regulators (Hospital quality units and Veselības Inspekcija) by the local quality leads in the Children's hospital	<b>Līga Romanovska</b> - Head of Unit (Quality and Safety) at the Children's hospital Riga <b>Evija Andžāne</b> – Patient-safety consultant at Children's hospital Riga
10.05 – 10.25	A Latvian perspective on cooperation between in and external regulators (Hospital quality units and Veselības Inspekcija) by the Head of Internal Audit Unit, in Pauls Stradiņš Clinical University Hospital	<b>Laura Indrikova</b> - Head of Internal Audit Unit, Pauls Stradiņš Clinical University Hospital
10.25-10.40	Coffee Break	
10.40 - 11.00	Cooperation between Internal (quality leads) and External regulators in England	<b>Charles Rendell</b> – CQC – England
11.00 -11.20	Cooperation between Internal (quality leads) and External regulators in Ireland	<b>Fiona McDonnell</b> – TUSLA – Ireland
11.20 -11.40	Short Reflections from the starting NWO-project EISON - VILANS on In- and external regulation of networks and collaboration between local actors	<b>Sander Merkus</b> - NWO-project EISON - VILANS – the Netherlands
11.40- 12.00	Q&A and Panel Discussion on cooperation between <b>internal and external regulators</b> .	<b>Leonie Schakel</b> <b>Anita Slokenberga</b> <b>Charles Rendell</b> <b>Fiona McDonnell</b> <b>Sander Merkus</b> -Vilans- EISON Quality and Safety managers/ consultants from Latvia's health care institutions <b>Laura Indrikova</b> - <b>Līga Romanovska</b> <b>Evija Andžāne</b> -
12.00	<b>Lunch buffet</b> for delegates not participating in the working group  <b>Working lunch</b> for the delegates participating in the Effectiveness working group 12.00-14.30 in the Conference room	

**EPSO-EFFECTIVENESS (follow up - first working group meeting in person after Covid) EPSO-WORKING GROUP on EFFECTIVENESS OF INSPECTION AND REGULATION.**

The agenda will be sent to the Effectiveness group participants separately. Please let us know if you are interested in participating. More info about the EPSO EFFECTIVENESS working group can be found at <http://www.epsonet.eu/effectiveness.html>.

**Session 4: Effectiveness of regulation and inspection:**

- **What are the basic principles of effectiveness in healthcare regulation and inspection?**
- **How to keep a stable focus on goal orientation and good governance in inspection and regulation; be aware of goal changers and other disruptive factors**

**Chair: Martin de Bree** Erasmus University Rotterdam in cooperation with Einar Hovlid – Norwegian Board of Health Supervision Norway) This session discusses the topics of the

The working group was postponed several times during covid and is now meeting in person in Riga. The following sub-topics were suggested:

- **How to effectively define our goals,**
- **How do inspectorates react to the new WHO plan Global Patient Safety Action Plan 2021–2030:** Towards eliminating avoidable harm in health care; Could this plan put us on the road to Effectiveness?
- **Early warning systems** of organization at risk – how to identify (Indicators) and prevent risks “in time” to become effective
- **Specific early warning signals** such as ‘acting on suspicion of sepsis’
- **Integrated Care - Exchange of good practices and experiences between Health and Care organizations**
- **Measurement of Effectiveness.**

<b>12.00 – 14.15 Working lunch Effectiveness Working group</b>		
12.00 – 12.15	Introduction and updates by the chair of the working group	<b>Martin de Bree</b>
12.15 – 12.35	Effectiveness in supervisory practise; How to change your methods towards Effective Inspection results	<b>Einar Hovlid</b> – Norwegian Board of Health Supervision
12.35 – 13.55	Effectiveness of inspections in Singapore	<b>Too Peh Gek</b> <sup>(in-person)</sup> (Health Regulation Group), Ministry of Health, Singapore
13.55 – 13.15	New research on Inspection methods and effectiveness: goal displacement in inspection	<b>Martin de Bree</b> , <sup>(in-person)</sup> Rotterdam School of Management, Erasmus University. Netherlands.
13.15 – 13.35	How to organise an Effective approach of Emergency concerns	<b>Charles Rendell</b> <sup>(in-person)</sup> <b>CQC</b> England
13.35 – 14.15	Discussion on Effectiveness topics Discussion Q&A, wrap up and follow up	<b>Chaired by Martin de Bree assisted by Einar Hovlid</b>
14.15 – 14.30	Break	

<b>Session 5: Harnessing the Potential of Digital Health through Regulatory Innovation</b> This session is a follow up session to session 1 of our 32 <sup>nd</sup> EPSO-Singapore Conference in June 2022 and will present results from our TAC working group. This session discusses the opportunities presented by digital health solutions and how regulatory innovation and governance can be adapted in such a way that it supports integration of innovative practices with traditional healthcare systems.		
14.30 -1500	Providing Healthcare in a Digital Age; Telehealth and Digital health in Latvia – a perspective from <b>Pauls Stradiņš Clinical University Hospital</b> ( <i>Paula Stradiņa Klīniskā universitātes slimnīca</i> ) on digitalisation in Latvian healthcare.	<b>Janis Naglis</b> <sup>(in-person)</sup> , Board member of the Pauls Stradiņš Clinical University Hospital ( <i>Paula Stradiņa Klīniskā universitātes slimnīca</i> )
15.00 – 15.30	Telehealth and Digital health in Estonia –the development of the leading hospital information systems in Estonia and exploring interesting topics in the light of healthcare quality/supervision	<b>Kertti Merimaa</b> <sup>(in-person)</sup> Nortal, Digital Health, former Advisor Ministry of Social Affairs, Estonia
15.30 – 16.00	Digital Healthcare as a Driving Force for Clinical Excellence – National Regulatory Standards for Digital Pharmaceutical prescription and digital behaviour in a healthcare context.	Prof <b>James Kingsland</b> <sup>(in-person)</sup> Clinical excellence Network, DICE, UK
16.00– 16.30	Q&A and Panel Discussion	<b>Janis Naglis</b> <b>Kertti Merimaa</b> Prof <b>James Kingsland</b>
16.30-16.45	<b>Looking forward to our next Conference 19-21 April 2023 in Malta</b> hosted by the SCSA Malta With a focus on active Ageing and a follow up on Digital Health	<b>Dylan Cutajar</b> and <b>Cynthia Deguara</b> Social Care Standard Authority Malta SCSA, Social Care Standards Authority Malta
<b>Closing of the Conference</b>		
17.00-17.15	<b>Closing of the EPSO Conference,</b> Thanks and Evaluation	<b>Ms Jooske Vos</b> <b>Ms Indra Dreika</b>
<b>Post-Conference Social Activity</b> (Free and Easy)		
17.15 onwards	<b>Drinks in the city</b> (at own costs)	<b>All delegates and partners</b>

## Pre-Conference lunch & Early Bird Dinner

See for the direction to venues page 16

**The preconference will start with a pre-working group lunch and an Early Bird Dinner on the 7<sup>th</sup> of December**

**Please let us know if you want to join so that we can make an adequate reservation.**

**12:00-13:30** pre-working group **Lunch** (at own cost) in a café at 4 min walking distance from the Working group/conference venue: Blend Café <https://www.facebook.com/blendcafe.riga/>. Antonijas iela 13, Centra rajons, Rīga, LV-1010, Latvia

**19:00 Early Bird Dinner** (at own cost) in reasonably priced restaurant for those who arrived already and would like to have a nice start of the conference: Restaurant Lidojošā Varde (Flying Frog) <https://www.facebook.com/flyingfrog.riga/> Elizabetes street 31a, Riga, Latvia, 1050

## Conference Dinner

See for the direction to venues page 16

**19.30- 22.00** **Conference dinner** for all delegates on invitation of our Latvian host the Latvian Ministry of Health and the Latvian Health Inspectorate at **Restaurant ‘Key to Riga’**, Doma Laukums 8, in the old city of Riga at a 5-minute walking distance from the hotel. <https://www.facebook.com/keytoriga.lv/>

**Dress code: smart casual or conference dress (no need to change).**

## Conference venue (see for directions page 16)

The Conference meetings and working groups on the 7th to the 9th of December 2022 will be held at

**The Pauls Stradiņš Medicine History Museum,**



Ukrainas neatkarības street 1, Riga, LV-1010, Latvia.





## Hotel and booking information

A limited number of rooms is pre-reserved for our delegates the Grand Poet Hotel, situated in the central part of Riga, address - *Raiņa Blvd. 5/6*. More info on hotel website <https://grandpoet.semarahhotels.com/?lang=en>. **Important:** When contacting the hotel kindly refer to the EPSO Conference Riga 2022 hosted by the Ministry of Health and Health inspectorate and use the **promo code EPSORiga**

### The elegant Grand Poet design hotel on Rainis Boulevard



#### RECEPTION

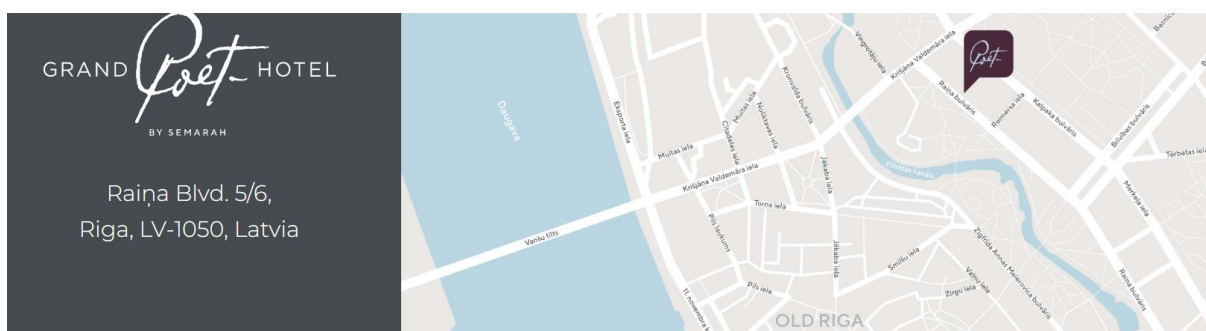
+371 60008600

[grandpoet@semarahhotels.com](mailto:grandpoet@semarahhotels.com)

#### RESERVATIONS

+371 66119339

[reservations@semarahhotels.com](mailto:reservations@semarahhotels.com)



**Until the 25<sup>th</sup> of November** a reservation can be made at the **Grand Poet hotel**: 6-9/12/2022 with the following price: **single - EUR 99,00 pppn** (including breakfast, Wellness, Wi-Fi, VAT).

The Following rates are also offered including breakfast, use of Wellness centre, Wi-Fi, VAT:

Standard single/ double - EUR 99,00/ 114,00

Superior single/ double – EUR 129,00/ 144,00

Junior Suite single/ double – EUR 159,00/ 184,00

This reservation and prices are in force until 15 November. Participants of EPSO conference should make their own booking via hotel website, indicating promo code EPSORiga. If the availability of free rooms will be sufficient, the group reservation can be prolonged after 15 November; otherwise booking will be possible depending on availability of rooms and for standard price.

**EPSO delegates and guests including our partners from the EPSO- APAC (Asia Pacific) network should make their own booking** via the hotel website,

<https://grandpoet.semarahhotels.com/?lang=en>. indicating **promo code EPSORiga**



## Directions to the venue and the hotel

### Route by taxi from the airport:

Taxis are good, reliable, and affordable in Riga.

The taxi rates vary from one company to another. However, the estimated rate will be around €20 from the airport to the hotel.

The Baltic **Taxi** (green cars) is recommended as we have good experience with them, especially from airport to hotel vice versa <http://baltictaxi.com/> Please note that at the airport in the entrance hall there is a special Baltic taxi desk provides tickets in advance.

### Public transport information:

#### Route by bus from the airport:

Bus No.22 is an option. However, please be aware it is a 15-minute walk from the bus stop to the hotel. If that is no problem, you can choose either the bus stop “11. novembra krastmala” (and walk through the old city) or the bus stop “Autoosta” (and walk along the Raiņa Boulevard).

### Walking routes

#### between the Hotel the Conference venue and the Restaurants

- **Route from the Hotel to the Conference venue (Museum):**

Walk via the Raina boulevard, Krisjana Valdemara street and the Kalpaka boulevard in 7 minutes to the Pauls Stradiņš Museum at Ukrainas Neatkarības street.

- **Route from the Hotel to Blend Café**

Walk from the hotel in 7 minutes to the Blend Café via Reimersa street.

- **Route from Blend Café to the Conference venue (Museum)**

Walk in 3 minutes from the Blend Café to the Pauls Stradiņš Medicīnas vēstures muzejs

- **Route from the Conference venue to the Flying Frog (Lidojošā Varde)**

Walk in 2 minutes from the Museum to the Flying Frog Lidojošā Varde (Flying Frog) at Elizabetes street 31a, <https://www.facebook.com/flyingfrog.riga/>

- **Route from the Hotel to Restaurant ‘Key to Riga’**

Walk in 5 minutes to Doma Laukums 8 in the old city.