

Additional background information from Leigh Manson (New Zealand)on ADVANCE CARE PLANNING

Advance care planning has grown internationally in the last two decades and is now a part of healthcare delivery in many countries.

It's origin was in having people make end of life treatment choices in advance in case they could not speak for themselves. This has shifted in the last decade to move the emphasis from treatment decisions in advance to person-centricity in care planning and delivery now and in the future. What is most important to this person, what are their goals, fears, aspirations and values (what do they value being and doing), and once we have that shared understanding how do we use it to plan care and treatment that supports that now and in the future.

The focus has shifted upstream - much earlier in the health journey.

I have included a few websites across the globe to give you a sense of what different countries are doing.

Gold standards framework in the UK

<https://www.goldstandardsframework.org.uk/advance-care-planning>

Here is what NICE has for advance care planning

<https://www.nice.org.uk/about/nice-communities/social-care/quick-guides/advance-care-planning>

And here is the Uk Dying matters website

<https://www.dyingmatters.org/>

In addition, information from Scotland

<https://www.gov.scot/publications/anticipatory-care-planning-frequently-asked-questions/>

New Zealand

<https://www.hqsc.govt.nz/our-programmes/advance-care-planning/>

Australia

<https://www.advancecareplanning.org.au/>

Singapore

<https://www.aic.sg/care-services/advance-care-planning>

Canada

<https://www.advancecareplanning.ca/acp-across-canada/>

USA

<https://www.nia.nih.gov/health/caregiving/advance-care-planning>

<https://www.cdc.gov/aging/advancecareplanning/index.htm>

<https://respectingchoices.org>

I hope you find this useful.

Kindest regards

Leigh Manson